## **April 28, 2020**

## **Dear Parishioners of Christ on the Mountain,**

Holiness requires moments of quiet, solitude and silence before God. The continuous presence of new hand held gadgets that mesmerize us with movement and constant connection but never allow us time for the real relationship which can only be found in silence. This is detrimental to our growth in holiness. Because it leaves no room for the voice of God to be heard.

As Pope Francis says: We are overwhelmed by words, by superficial pleasures and by an increasing din, filled not by joy but rather by the discontent of those whose lives have lost meaning. How can we fail to realize the need to stop this rat race and to recover the personal space needed to carry on a heartfelt dialogue with God? (Call to Holiness #29)

Finding space for God may be painful but it is always fruitful. Sooner or later we have to face our true selves and let the Lord enter. This time of social distancing can be a time to let the Lord in. There can be opportunities for quiet that we have not taken advantage of before in our lives. Allow yourself to turn off all the entertainment, the computers and hand held devices and hear the quiet. In this quiet God dwells and is waiting for you.

In the quiet,

Fr David